

## THE STRESS SYNDROME AND MEAT QUALITY

## A STANDARDIZED PROCEDURE FOR THE PRE-SLAUGHTER TREATMENT OF PIGS TO BE TESTED FOR MEAT QUALITY

by

PATRICIA A. BARTON

Danish Meat Research Institute, Maglegaardsvej 2, DK-4000 Roskilde

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Ce système est utilisé à présent pour tous les porcs des stations expérimentales danoises pour le contrôle de progéniture.

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The results of the pH<sub>2</sub> and colour measurements are given partly as average values and partly as the percentage of pigs with values deviating from normal. For Danish Landrace, pH<sub>2</sub> values are considered to be higher than normal if they are higher than 5.70 for longissimus dorsi, and 5.90 for biceps femoris and rectus femoris, and colour is considered as deviating from normal if the samples are pale, soft and exudative or if they have higher than normal pH<sub>2</sub> values (generally "beefy" in appearance).

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3 transport times were investigated, 1/4 hour, 1 hour and 3 hours, corresponding to

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The poor meat quality obtained after the shortest transport time is undoubtedly due to the fact that the pigs were excited by the many different changes over a short time interval. Over the longest transport a large number of the pigs had apparently calmed down and the gentle unloading and driving to the stunning has apparently not been sufficiently demanding to excite them again. However, the results of the pH<sub>2</sub>-measurements in the rectus femoris muscle show that a number of the pigs were beginning to show signs of exhaustion after 3 hours transport.

## Experiment 2. Influence of treatment on the station, use of halters and transport time on meat quality

In this experiment 185 pigs slaughtered over a 4 week period in October - November were used. The pigs received 1/3 of their ration about 1 hour before loading and they were not weighed on the day of slaughter. They were loaded as before onto the same lorry described in experiment 1. Pigs destined for the 2 centre compartments received halters in the pen before loading.

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an average distance of 10, 37 and 116 km respectively. Each week 2 of the 3 transport times were investigated and 12 pigs were unloaded at the abattoir after each transport time.

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Average		94	5.3	0	19.2	0	9.6

As in experiment 1, the colour of the cured longissimus dorsi and uncured biceps femoris muscles became darker without any large change in pH<sub>2</sub>, and the pH<sub>2</sub> in the rectus femoris muscle increased with longer transport (Table 3).

While the percentage of pigs with PSE-meat decreased with longer transport as before, the percentage of pigs with DFD-meat in the rectus femoris muscle did not increase to the same extent as in experiment 1 (Table 4). Results of liver glycogen levels confirmed that even after 3 hours transport the pigs in this experiment still had sufficient liver glycogen to maintain energy reserves in the muscles (Buchter, 1971b). The moderate feeding of the pigs received on the day of slaughter is undoubtedly the cause of the lower level of exhaustion of the pigs after 3 hours transport.

Although not statistically significant Table 4 shows that with 3 hours transport especially, the use of halters during transport gave a higher percentage of pigs with PSE-meat, although it did not appear to affect the number of pigs with DFD-meat in the rectus femoris muscle. In general the pigs in this experiment had a slightly better meat quality than in experiment 1, which is probably due to the fact that they were not weighed on the day of slaughter and that only half of them wore halters during transport.

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stunning on the floor, whereas the other half were driven through a pen, race and restrainer to electrical stunning (station 1) or a pen and race to CO<sub>2</sub>-stunning in a tunnel (station 2). No electric goad or other means of force was used for pigs electrically stunned on the floor, while pigs stunned using the other methods all received one shock from the goad immediately before the entrance to the restrainer/CO<sub>2</sub>-tunnel.

During the last 3 weeks of the experiment the transport time was reduced to 2 hours and the pigs stunned in the restrainer/CO<sub>2</sub>-tunnel were allowed to stand 5-10 minutes in the race before stunning commenced.

### Results

The average results are shown in Table 5 and the percentage of pigs with a meat quality deviating from normal are shown in Table 6.

Table 5. Average values for meat quality

Results showing significant differences between stunning/driving forms (>95% confidence level) are framed.

Transport time	Station	Stunning	No. of pigs	Longissimus dorsi		Biceps femoris		Rectus femoris
				pH <sub>2</sub>	Cured colour	pH <sub>2</sub>	Uncured colour	pH <sub>2</sub>
2 hours	1	El-floor	40	5.45	12.2	5.63	14.6	5.92
		El-restrainer	38	5.48	11.8	5.64	15.1	5.99
	2	El-floor	32	5.47	12.2	5.64	13.8	5.80
		CO <sub>2</sub>	34	5.46	12.6	5.68	14.1	5.91
3 hours	1	El-floor	32	5.46	12.8	5.64	14.4	5.91
		El-restrainer	33	5.45	12.5	5.63	14.9	5.93
	2	El-floor	33	5.50	12.6	5.71	13.3	5.89
		CO <sub>2</sub>	33	5.49	12.1	5.81	12.9	6.01

the generally higher pH<sub>2</sub>-values and darker colour in pigs transported 3 hours with electrical stunning on the floor in this experiment compared to pigs with the corresponding treatment in experiment 2 point to a higher level of exhaustion in this experiment 3 (confirmed incidentally by lower liver glycogen levels (Buchter, 1972)). This higher level of exhaustion was most likely due to the weather conditions during transport. The weather varied from freezing fog at just above 0°C to blizzard conditions at -10°C, whereas in experiment 2 it was considerably milder, varying from 3°C, sunny to 13°C, rain. Even pigs transported 2 hours were thus comparatively exhausted on arrival at the abattoir, so that even after a stressful treatment they were unable to show PSE-meat.

### Discussion

These experiments show the overwhelming importance of transport time, i.e., time from leaving the station to stunning, on the meat quality pattern in stress-prone pigs. Over the shortest time the pigs showing a meat quality deviating from normal were mainly PSE with normal pH<sub>2</sub>-values, whereas with increasing transport times, i.e., increasing exhaustion, the pigs were unable to manifest the PSE-condition but instead showed DFD-meat, especially in the rectus femoris muscle. That the PSE-condition and DFD-condition are related has been shown previously by among others (Sybesma (1968)).

It is always possible to exhaust a pig even when it is not stress-prone by choosing an appropriate (prolonged) pre-slaughter treatment, so that it is necessary when measuring a pig's heritable disposition for poor meat quality to choose a pre-slaughter treatment, which ensures that the pig arrives at the stunning pens as little exhausted as possible. In this way stress-prone pigs will generally show PSE-meat and normal or low pH<sub>2</sub>-values after slaughter, while stress-resistant pigs will show good meat quality.

The present work shows that longer transport times, lack of feeding on the day of slaughter, driving through pens and mechanical systems to stunning in a restrainer/CO<sub>2</sub>-tunnel as well as very cold weather during transport all lead to increasing exhaustion in the pig.

Taking the above factors into account as well as the fact that the chosen treatment must be able to be carried out for all Danish progeny testing stations, the following pre-slaughter treatment was chosen for pigs to be tested for meat quality:

Station: moderate feeding but no weighing on the day of slaughter.

Loading: using a hydraulic pig lift.

Transport: transport for approximately 40 minutes (the minimum time which can be used for all stations) in a lorry equipped as described in these experiments. In cold weather the open vents at the front of the trailer are closed; in warm weather the mechanical ventilation system is used.

Unloading: driving directly from the lorry to the stunning pen without using an electric goad or other means of force.

Stunning: electrical stunning on the floor.

Table 6. Percentage of pigs with a meat quality deviating from normal

Transport time	Station	Stunning	No. of pigs	Longissimus dorsi		Biceps femoris		Rectus femoris
				% PSE (subjective)	% DFD pH <sub>2</sub> ≥ 5.7	% PSE R <sub>535</sub> ≥ 16.5	% DFD pH <sub>2</sub> ≥ 5.9	% DFD pH <sub>2</sub> ≥ 5.9
2 hours	1	El-floor	40	2.5	0	17.5	0	40.0
		El-restrainer	38	13.2	0	18.4	5.3	55.3
	2	El-floor	32	9.4	0	3.1	0	25.0
		CO <sub>2</sub>	34	5.9	0	11.8	2.9	41.2
3 hours	1	El-floor	32	6.3	0	12.5	3.1	46.9
		El-restrainer	33	9.1	0	15.2	0	45.5
	2	El-floor	33	3.0	3.0	0	12.1	39.4
		CO <sub>2</sub>	33	6.1	0	3.0	15.2	66.7

For pigs with 2 hours transport only the pH<sub>2</sub> in the rectus femoris muscle showed any significant difference with type of stunning/driving, in that pigs driven through a pen, race and restrainer/CO<sub>2</sub>-tunnel had a higher pH<sub>2</sub> compared to pigs driven directly to electrical stunning on the floor (Table 5). The same effect was also present in pigs transported 3 hours, but in addition, the colour of the cured longissimus dorsi muscle was darker. In pigs stunned via the CO<sub>2</sub>-tunnel (but not the restrainer) the pH<sub>2</sub> in the biceps femoris muscle was higher than in pigs driven directly to electrical stunning on the floor.

The percentage of pigs with PSE-meat in the longissimus dorsi and biceps femoris muscles was slightly higher for driving to stunning in a restrainer/CO<sub>2</sub>-tunnel, whereas the percentage of pigs with DFD-meat in the rectus femoris muscle was considerably higher, especially for pigs stunned in a CO<sub>2</sub>-tunnel (Table 6). These results show that driving pigs through pens, races and restrainers/CO<sub>2</sub>-tunnels causes a greater degree of exhaustion and excitation than driving directly to electrical stunning on the floor.

Only the colour of the uncured biceps femoris muscle showed any difference with transport time, in that the colour was darkest after 3 hours transport (99% confidence level) (Table 5). However, the percentage of pigs with PSE-meat in longissimus dorsi and biceps femoris was highest after 2 hours transport, while the percentage of pigs with DFD-meat in the rectus femoris muscle was highest after 3 hours transport, confirming the trends seen in the previous experiments.

It is surprising that a waiting period in the race before stunning in a restrainer/CO<sub>2</sub>-tunnel did not cause a greater increase in the number of pigs with PSE-meat with 2 hours transport, as this treatment was undoubtedly more stressful. However,

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