

Radio-sensitivity of some microorganisms on meat

KOVÁCS*, H. KOVÁCS-DOMJÁN*, I. KISS,**

* Central Laboratory of Hygienic Control Services of the Food Industry,
Ministry of Agriculture and Food, Budapest

** Central Food Research Institute, Budapest, Hungary

The demand for ready-to-serve foods is steadily increasing in public and family catering alike. Minced meat is one of the popular products. The production and storage of this food involves considerable problems both for manufacturers and for consumers. The quality of the raw-material, its production technological and production hygienic conditions greatly influence the microbiological quality of the product. Unsatisfactory microbiological quality leads to a short storage time and presents hygienic risks for the consumer. Possible marketing time at 4-6°C is not longer than one or two days in most countries.

Although the microbiological quality of the raw material can be improved by chemical treatment /8., 10./, the result is not satisfactory. The effect of ionizing radiation /cell killing and growth inhibition/ on the microbes is well known /5./. As a physical procedure, the problem arises from chemical residues. From the point of view of energy consumption, the technology is very economical /2./.

Irradiation as a food preservation method has already been accepted in many countries. The wholesomeness tests with irradiated food have brought favourable results /13./.

The purpose of our investigations was to determine the extent to which an irradiation dose of 2 kGy, effective from the point of view of shelf-life decreases the number of microorganisms that are to be found on meat and are objectionable from food hygienic considerations. We wanted to establish the radioresistance of these microorganisms in the product.

MATERIALS AND METHODS

The strains applied in our tests were selected from the collection according to frequency of occurrence, pathogenicity, food spoiling effect, virulence, viability, resp.: E. coli 9596, Salmonella panama, Salmonella derby, Streptococcus faecalis 8087, Staphylococcus aureus 62, Clostridium sporogenes 3679 PA. We propagated the bacteria in nutrient broth, then produced a suspension of 10^7 - 10^8 ml⁻¹ cell density in buffered /pH = 7.0/ pepton solution. The radio-sensitivity, i.e. the D₁₀ value of the microorganisms we established from the survival curve.

The radioresistance of the bacteria was tested in minced meat products made of pork. Samples /1 g/, treated with 5 kGy /to decrease the cell count/ and other non-treated materials were mixed in the samples. To the natural microflora of the meat we added a suspension of the mixture of other bacteria with the exception of C. sporogenes. The samples infected with C. sporogenes, no other microbes were added. The meat balls that weighed approx. 40 g each were packed in polythene foil by pairs, irradiated and then stored at 4°C. We defined the number of mesophilic aerobic and psychrotolerant microbes, E. coli, S. aureus, Str. faecalis, C. sporogenes and Salmonella as a function of irradiation dose and storage time. The storage temperature was 4°C.

The bacterial suspensions and the samples were placed in an RH-gamma-30 laboratory radiation source /⁶⁰Co, nominal activity 5.6 TBq, dose rate 5 kGy.h⁻¹/. The microbial suspensions were irradiated in the dose range of 0.25-16 kGy, the minced meat product with 1 and 2 kGy. Throughout irradiation the temperature was kept at 24-25°C.

The viable cell count was defined in the appropriate culture media by the MPN method. From positive test-tubes we made control tests in order to identify the microbes. To determine the microbial count, we took two samples and had three parallel inoculations. The series of experiments were repeated three times. The diagrams show the average microbial count and the standard deviation.

In the storage experiment, we determined the pH and also the redoxpotential values of the product.

RESULTS

The radio-sensitivity of microorganisms is characterised by the D₁₀ value. We determined the survival of bacterium strains as a function of radiation dose. In the test suspension, the microbial count was rather high / 10^7 - 10^8 ml⁻¹/, while in practice there is no such high loading of these bacteria. The D₁₀ value was computed from the survival curve /Table 1./.

Given the D_{10} value, we could estimate the radiation dose needed to reduce the microbial load from a definite value to a predetermined low count. The D_{10} values were in conformity with other authors' relevant data /1.,3.,5.,6.,7.,8.,9./.. It could be stated that, with the exception of *C.sporogenes*, 2 kGy caused a decrease by six orders of magnitude in *Str.faecalis*, and a still greater fall in the other microbes of the culture liquid.

In minced meat products, artificially infected with microbes, the 2 kGy treatment resulted in a decrease in the mesophilic microbial count of approx. three orders of magnitude, and reached the original spoilage level only after 12 days. Untreated samples surpassed that value already after 3-5 days. The psychrotolerant microbes were more sensitive to irradiation, but storage temperature helped their growth. However, the cell count decreasing effect of irradiation was definite.

E.coli was also very sensitive in the meat product /a decrease of three orders of magnitude occurred/, no growth was experienced during the 12 days of storage.

The two *Salmonella* strains were equally sensitive, the decrease here was of four orders of magnitude, and their number did not change in the test period /Figure 1./.

The number of *S.aureus* decreased by four orders of magnitude, no living microbe could be found after eight days following the 2 kGy treatment. In this case the after-effect of irradiation was strikingly good. The *Str.faecalis* was relatively more resistant to irradiation /a decrease by 1-1.5 orders of magnitude occurred /Figure 2./.

C.sporogenes was very resistant. The viable count of two last microorganisms did not change during storage subsequent to irradiation /Figure 3./.

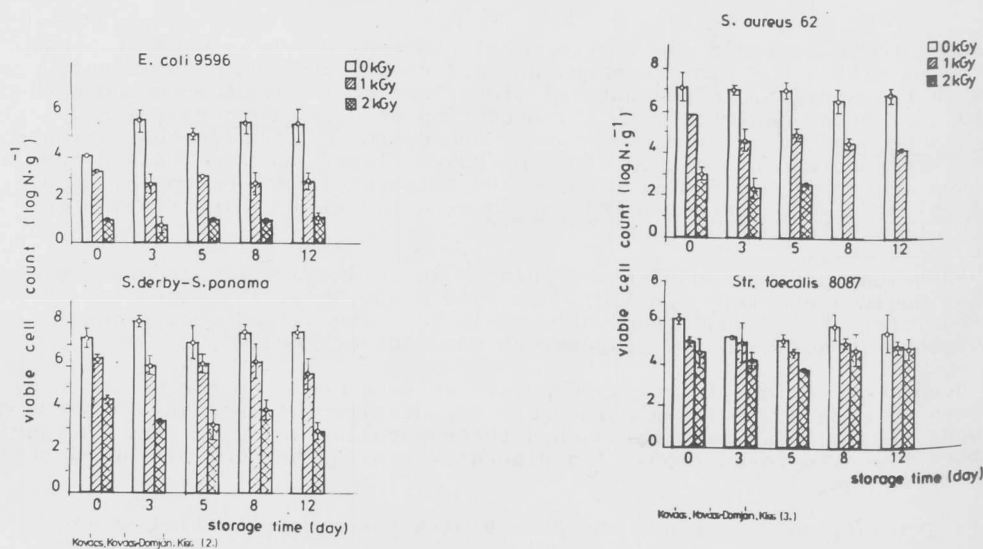
Table 1.

MICROORGANISM	D_{10} (kGy)
<i>E. coli</i> 9596	0.11
<i>S. derby</i>	0.13
<i>Staph. aureus</i> 62	0.14
<i>S. panama</i>	0.32
<i>Str. faecalis</i> 8087	0.33
<i>C. sporogenes</i> J679PA	2.90

Kovács-Kovács-Dömjén-Kiss (1.)

Table 1.

D_{10} value of microorganisms in nutrient medium.



Kovács-Kovács-Dömjén-Kiss (2.)

Kovács-Kovács-Dömjén-Kiss (3.)

Figure 1.

Viable cell count of the minced meat product infected with *E.coli* 9596, *Salmonella derby* and *Salmonella panama* resp. as a function of irradiation dose and storage time at 4°C.

Figure 2.

Viable cell count of the minced meat product infected with *Staphylococcus aureus* 62, *Streptococcus faecalis* 8087 resp. as a function of irradiation dose and storage time at 4°C.

The redox potential of the irradiated samples showed a slight decrease in the test period/12 days/, but was still much smaller $\Delta R_H = 10-30/$ than that of the untreated sample $\Delta R_H = 50-70/$. The pH values decreased to the same proportion. Due to the presence of oxymyoglobin, the colour of the treated samples remained for a relatively long time lighter than that of the untreated ones i.e. it was more resistant to oxidation.

Summarizing the results, it can be stated that, from the point of view of storability, the minimum dose of 2 kGy eliminates the pathogenic members of the Enterobacteriaceae family and the toxin-producing S.aureus. But in spite of relative resistance of S.panama 2 kGy are sufficient. In practice, the radioresistant populations do not develop /4.,5./ In order to detect cells damaged by irradiation, the applied method has to be modified /9./. The great resistance of Str.faecalis makes it necessary to strictly control the hygiene of the processes. A stagnation in cell count during storage indicates that the growth is strongly inhibited by irradiation. Investigations revealed that the microbiological quality of the meat /e.g. high contamination and, thus the qualitative composition of the microflora also influence the effectiveness of the treatment.

Irradiation increases storage life, but it cannot replace strict hygienic prescriptions. Irradiation decreases the number of microbes, improves microbiological quality and lengthens storage life of minced meat products, but "good manufacture practice" is still an absolute requirement.

At the session of the Joint WHO/FAO/IAEA Committee on the Wholesomeness of Irradiated Food, held at Geneva in October 1980 experts proposed that foods should be allowed a treatment by an average dose of 10 kGy. That treatment is five times higher than the one suggested by us, therefore no health objections can be raised against the practical application of the process.

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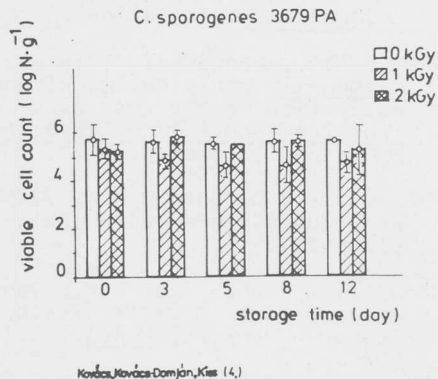


Figure 3.

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