

THE USE OF AUTOTRAK FOR THE RAPID  
ENUMERATION OF MICRO-ORGANISMS ON MEAT  
SURFACES

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SUMMARY

The ability of AUTOTRAK to count the number of micro-organisms on the surfaces of meat carcasses was compared with that of the total viable count (TVC) obtained using the standard pour plate method. Cultural counts were carried out after 1, 3 and 7 days incubation. Regression values were 0.710, 0.820 and 0.840 respectively against AUTOTRAK on the 110 samples examined.

It was concluded that AUTOTRAK is a successful method for the rapid non-destructive assessment of the microbial quality of meat surfaces.

INTRODUCTION

Considerable variability in the organoleptic and keeping quality of meat has always been apparent to the consumer. Microbiological standards for fresh meat have been proposed but great controversy remains regarding specifications. The sampling of fresh meat for microbiological analysis provides problems as there is no standard accepted procedure. Rapid non-cultural assessment of the microbial load on meat is a priority.

The sampling of meat surfaces may be performed in two ways:

- a) non-destructive
- b) destructive

a) Non-destructive Methods

i) Swab/rinse method. This is the most widely used technique whereby a sterile swab is applied to a unit area of surface. The swab is then broken into sterile diluent agitated and plated using an appropriate culture media. A modification of this method comprises the Wet and Dry swab technique which involves swabbing unit area with a moistened swab and then with a dry swab. This results in a higher recovery of contaminant micro-organisms.

Alginate swabs have been used in place of cotton swabs since they will dissolve in 1% sodium hexametaphosphate releasing entrapped micro-organisms and thereby improving recovery.

ii) Rinse method. The sample of meat is immersed in a sterile fluid or the fluid is brought into contact with the surface being examined. Clark (1965) introduced a pressure spray device based on the rinse method. This method is independent of the texture of the surface.

iii) Agar contact method. Sterile agar is pressed on to the surface, removed and incubated (Gabis and Silliker, 1975). This method is unsuitable if the surface of the meat is uneven as in the case of carcasses, or if the surface is contaminated with

spreading bacteria.

iv) Direct surface agar plating method. Sterile melted agar is poured on to the surface to be sampled and left to solidify under a sterile cover. After incubation colonies at the interface are counted (Angellotti and Foter, 1958).

b) Destructive Methods

This method of sampling is not popular with the meat industry since it reduces the retail value of the carcass or joint but does achieve a higher recovery than non-destructive methods.

i) Blender method. A specific weight of meat is aseptically removed and macerated using a mechanical blender. This is then suspended in diluent, mixed and filtered (Baldock, 1931).

ii) Cork borer method. A cylinder of meat is removed using a sterile cork borer, macerated and suspended in diluent as in the blender method (Haines, 1931).

iii) Tissue removal method. A stainless steel plate with an oval hole in the centre is pressed on to the sample of meat and the projected area removed and macerated (Yokawa and Zulkke, 1975).

However, it is recognised that with the most efficient of techniques only a proportion of the micro-organisms will be recovered. It is impossible to wash all attached micro-organisms into the diluent. Therefore, any method of assessment of microbial load can only produce results as good as the sampling method employed. AUTOTRAK, a rapid automated system for the enumeration of micro-organisms in the liquid phase, developed by the Centre for Bio-Medical Instrumentation, University of Strathclyde, Scotland, is a microprocessor controlled epifluorescence microscope system. Samples are taken up automatically by a probe and applied to a specially treated moving tape prior to fixation and staining with a fluorochrome. The specimen passes under a microscope objective where the fluorescence signals emitted by the micro-organisms are detected by a photomultiplier. The results are processed and can be stored by the integral computer and hard copy printed. Results are expressed as the number of organisms per millilitre of original specimen.

AUTOTRAK has a throughput of up to 120 samples per hour and produces a result within 60 seconds of uptake of specimen.

MATERIALS AND METHODS

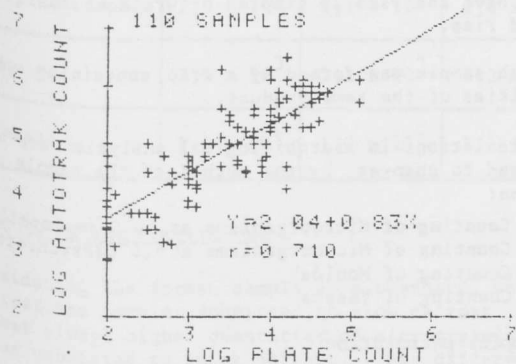
The skin surface of 110 samples of beef flank was sampled using the swab/rinse method. Disposable sterile cotton wool swabs (Exogen Ltd., Clydebank, Scotland) were used to swab an area of 4 cm<sup>2</sup>. The swab was then transferred to 10 ml of 1/8 strength Ringer solution (Oxoid Ltd., Basingstoke, England). The sample was vortex mixed for 1 minute at ambient temperature. A 1 ml aliquot was removed and serial dilutions carried out using Ringer solution to cover the range from 10<sup>0</sup> to 10<sup>6</sup> organisms/ml. Pour plates were prepared using Plate Count Agar (Oxoid Ltd.) and incubated at 30°C for up to 7 days.

Counts were carried out of the number of colonies appearing after 1,3 and 7 days incubation.

2ml aliquots of the sample were dispensed into an analyser cup and analysed using the AUTOTRAK system.

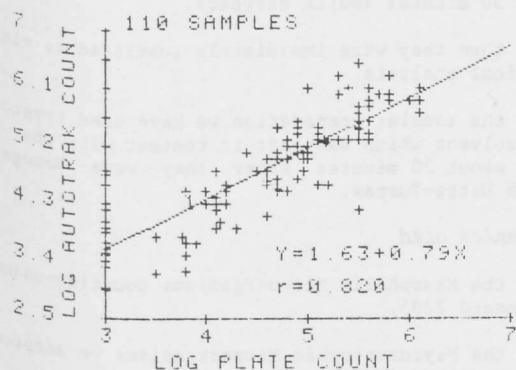
## RESULTS

The results from the cultural method following 7 days incubation were plotted against the AUTOTRAK results in logarithmic form and linear regression calculated

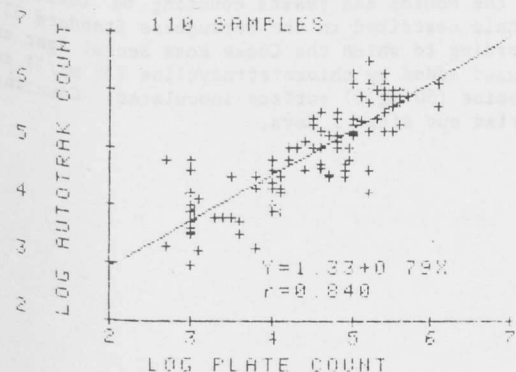


a) After 1 day incubation

The r values increased directly with the number of days incubation. 1,3 and 7 days incubation gave r values of 0.71,0.82 and 0.84 respectively, AUTOTRAK correlating best with an incubation period of 7 days.



b) After 3 days incubation



c) After 7 days incubation

## DISCUSSION

The basic principle of AUTOTRAK involves the use of Direct Fluorescence Microscopy (D.F.M.). Using the developed protocol the fluorochrome will stain organisms which may not be recovered by the cultural procedure. As can be seen from the correlation values, AUTOTRAK results best correlate with the cultural counts obtained following 7 days incubation. Therefore, AUTOTRAK eliminates the delay normally required for quantitative indication of the microbiological status of a meat sample.

An automated method must fulfill certain criteria. These include:-

- a) low overall cost per test
- b) ease of use
- c) high throughput of samples
- d) minimum amount of pretreatment
- e) rapid reporting of results

Using AUTOTRAK the approximate cost per sample for meat surface evaluation would be 10p, compared with cultural methods where the costs exceed 50p per sample.

An automatic sampler integral to AUTOTRAK allows batches of 50 samples to be analysed on a "load and go" basis. AUTOTRAK has applications for the microbiological screening of medical, food and industrial specimens and represents the first of a new generation of "real time" automated microbial screening systems.

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