

MEAT QUALITY AND FACTORS INFLUENCING IT

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Due to acute necessity of satisfying consumer market demand in high-quality beef of low cost, research aimed at revealing of factors for achievement of this goal, acquires special importance.

Research performed on young beef animals allowed to conclude that the main factors, responsible for high indices of meat productivity of cattle and for meat quality are conditions of growing and of maintenance of cattle, and also its breed and sex.

Meat is one of the main food products for human nutrition and the most important source of protein in diet, namely beef. Out of the total meat consumption in Russia beef constitutes almost 40%. Quality and quantity of produced beef directly depend on the level of meat productivity of beef cattle, this being in its turn dependent on different factors: age, sex, breed, feeding rations and conditions of cattle growing.

Study of these factors effects morphological composition of a carcass, physico-chemical and technological characteristics of meat quality, which define quality of meat products. Taking into account that quantitative and qualitative parameters of beef are connected with the above-mentioned factors, it was interesting to establish interrelations of such indices as live weight, carcass weight, morphological composition of carcasses and quality of meat with sex and breed of animals.

The research allowed to determine quality parameters characteristic of this or that group of animals and to develop scientifically-based recommendations for fuller use of the genetic potential of meat productivity of different breeds of cattle and for purposeful and effective utilization of beef carcasses.

MATERIALS AND METHODS

The research objects were hundred 18-months old bulls and steers of Simmental and Shorthorn breeds served objects of research. Initially young cattle was grown indoors and then transferred to lot feeding. Feeding ration was the same for all animals. Nutritive value of feeds was controlled through chemical analysis. Monthly weighting was used to control cattle growth. According to weighing results daily gain and growth rate were calculated. Meat productivity and its quality were studied according to results of control slaughter. Animals were delivered to slaughterhouses in trucks. Pre-slaughter lairage lasted 24 hours from the moment of delivery. Animals were stunned by electric current of commercial frequency (50 Hz) and 90-100 V by application of electrodes on the cervical part of head upon piercing of hide not deeper than 5 mm, time of stunning was 8-10 sec. 24 hours post mortem morphological composition of carcasses was determined and samples of *M. longissimus dorsi* were taken from 9-12 ribs, besides, average sample of carcass meat was taken. Samples were analysed 48 hours post mortem. Morphological composition, biological value and technological parameters of meat were determined

by common methods.

RESULTS AND DISCUSSION

When tests were performed, liveweight of young beef animals was practically the same (60.7-62.3 kg). However, by 8th month of age Simmental bulls and steers exceeded Shorthorns by 3.8 and 1.7 kg respectively, thus, at the age of 18 months this difference was 16.8 kg or 3.6% for bulls and 9.3 kg or 2.1% for steers.

Daily gain analysis at different age evidence that the highest daily gain of the studied groups of animals was observed in the period of 1.5-8 months, i.e. when conditions of keeping were excellent (in stables with controlled microclimate). When animals were transferred to lot feeding, average daily gain of all groups decreased. However, bulls of both breeds showed the highest liveweight increase. The highest liveweight and growth performance were characteristic of the Simmental animals.

Thus, such factors as breed and castration determine growth performance of young beef cattle.

In order to determine meat productivity of animals, control slaughter was conducted. Data of control slaughter, given in table 1, evidence about effect of both breed and sex on changes in carcass weight and yield of intramuscular fat.

Evaluation of carcass quality by one of its main criterion - muscle tissue content, as source of valuable protein, - has special significance from the viewpoints of processing technology and consumer demand. With this aim total dissection of carcasses of the studied groups was performed.

TABLE 1 Results of control slaughter

Indices	Simmentals		Shorthorns	
	bulls	steers	bulls	steers
Liveweight before delivery, kg	485.6	459.6	468.8	450.5
Pre-slaughter liveweight, kg	462.6	437.8	447.8	430.5
Weight of carcass, kg	259.5	248.7	258.4	248.4
Yield of carcass, %	56.1	56.8	57.7	57.7
Weight of interior fat, kg	14.3	15.3	17.9	19.4
Yield of fat, %	3.1	3.5	4.0	4.5

Analysis of the obtained data proves that young Shorthorn cattle, being typical representative of beef meat animals, shows higher carcass yield = 57.7%, as compared to combined Simmental breed, 56.1%. It was especially clear from the fleshing index of carcasses, i.e. from yield of lean meat for 1 kg of bones.

Fleshing index of carcasses of young animals of meat breeds is higher by 15.3 and 10.7% for bulls and steers, respectively. It was also established that yield of lean meat is influenced by such factors as breed and sex.

For evaluation of meat quality of young beef animals as dependent on sex and breed, chemi-

Chemical composition and physico-chemical characteristics were analysed, determining the nutritive value and technological properties of this meat.

TABLE 2 Morphological composition of carcasses of bulls and steers

Indices	Simmentals		Shorthorns	
	bulls	steers	bulls	steers
Weight of chilled carcass, kg	257.5	247.7	256.4	246.5
including:				
boneless meat, kg	197.0	193.2	202.3	196.7
%	76.5	78.0	78.9	79.8
Bones, kg	51.2	46.1	45.6	42.4
%	19.9	18.6	17.8	17.2
Sinews and cartilages, kg	9.3	8.4	8.5	7.4
%	3.6	3.4	3.3	3.0
Cooking index	3.84	4.19	4.43	4.64

Results on chemical analysis, on physico-chemical characteristics and nutritive value of muscle tissue of Simmental and Shorthorn bulls and steers are given in table 3.

Data of table 3 show that meat of Shorthorn cattle possesses higher indices of biological value, of water-holding ability and lower cooking loss than Simmentals. Influence of sex on animals on physico-chemical characteristics of meat was also noted.

TABLE 3 Chemical composition, biological value and technological parameters of average sample of carcass and of *M. longissimus dorsi* samples of tested young animals

Indices	Simmentals		Shorthorns	
	bulls	steers	bulls	steers
1	2	3	4	5
Average sample of a carcass				
Crude matter, %	35.59	36.15	35.91	35.76
Protein, %	20.39	20.47	20.43	19.95
Fat, %	14.25	14.73	14.53	14.86
Tryptophane, mg %	351.29	331.18	359.96	335.96
Oxyproline, mg %	148.85	120.43	139.52	116.25
Tryptophane : Oxyproline	2.36	2.75	2.58	2.89
Water-holding, %	5.85	5.77	5.87	5.80
Cooking loss, %	61.52	58.44	62.80	60.36
Crude matter, %	35.40	36.52	34.43	35.88
<i>M. longissimus dorsi</i>				
Crude matter, %	23.87	23.71	25.38	24.85
Protein, %	22.18	21.93	23.61	22.93
Fat, %	0.70	0.79	0.78	0.92

TABLE 3, continued

1	2	3	4	5
Tryptophane, mg %	432.04	419.80	430.58	459.31
Oxyproline, mg %	64.45	53.30	62.22	54.67
Tryptophane:Oxyproline	6.70	7.88	6.92	8.40
pH	6.12	6.01	6.20	6.05
Water-holding, %	64.10	62.15	66.82	62.78
Cooking loss, %	32.45	33.95	30.24	33.09

For bulls meat less fat content, higher amount of connective tissue proteins and, consequently, lower ratio of tryptophane and oxyproline are characteristic. During evaluation of meat quality of bulls and steers by technological parameters it was established that meat of steers had higher pH-values, higher water-holding ability and lower cooking losses. These quality characteristics of bull meat should be born in mind when raw material for meat products manufacture is chosen.

CONCLUSIONS

Results of studies of quantitative and qualitative characteristics of carcasses and meat of young beef cattle as dependent on breed and sex show vividly that raw material, available for processing, is different. These data prove the necessity of differential approach to evaluation and rational use of raw material in the meat industry.