

Summary

Hydrostatic pressures of 100 MPa to 300 MPa were applied to beef post-rigor muscle to investigate the efficiency of pressurization as a meat tenderizer.

The hardness measured by Rheometer decreased and the fragmentation of myofibrils increased with increasing pressure applied to the muscle. The degree of fragmentation reached to its maximal level after briefly exposing post-rigor muscle to the highest pressure (300 MPa). Electron microscopic studies of the pressurized muscle revealed that marked rupture of I-band and loss of M-line materials had progressed in the myofibrils with increasing applied pressure. However degradation of the Z-line in myofibrils that can be observed naturally in conditioned muscle was not apparent in the pressurized muscle. There was no significant difference in the electrophoretic pattern of myofibrillar protein among the control and pressurized samples in spite of the marked change of ultrastructure.

From the results, it is suggested that the application of a high hydrostatic pressure to post-rigor muscle tenderizes the meat in a different manner from that of conditioning.

Introduction

Recently, the application of high hydrostatic pressure of food processing has attracted much attention in Japan, since changes in the properties of food materials induced by pressurization proceed in a different manner from those of heat processing (HAYASHI, 1989). Of all foods and food constituents, muscle and muscle protein are probably the most responsive to pressure as has been suggested by MACFARLANE (1985). Since MACFARLANE's observation that a brief exposure of pre-rigor muscle to high pressure (100 MPa) for a few minutes at ambient temperature produced a marked drop in shear value, a new tenderization method for meat by high pressure treatment has been reported in a series of papers by MACFARLANE (1974, 1985) and others (KENNICK et al., 1980; ELGASIM & KENNICK, 1981; RIFFERO & HOLMES, 1983). However, there are few papers describing tenderizing effect of high pressure treatment on post-rigor muscle. BOUTON et al (1977) suggested that post-rigor muscle proved less amenable to improvement unless long exposure at high temperature (50-60 °C) was used. LOCKER & WILD (1984) also reported that pressure-heat treatment tenderized post-rigor meat effectively only after considerable periods at elevated temperature. From the standpoint of the commercial application of high pressure, tenderization of post-rigor meat is more important than that of pre-rigor meat.

This paper describes the effects of a high hydrostatic pressure treatment on the texture profile, fragmentation, ultrastructure and myofibrillar protein of post-rigor muscle to investigate the efficiency of pressurization as a meat tenderizer.

Materials and Methods

Preparation of the muscle.

Meat was excised from the shoulder part of a beef carcass (Holstein) 4 days after slaughter and stored in

a freezer at -25°C . As required, it was tempered overnight in a cold room (2°C), and then cut into small pieces (50x50x30mm). Each piece was vacuum sealed in a polyethylene bag and transferred to a large polyethylene bag. The space between the bags was filled with cold water. Each bag was transferred to a pressure vessel, which was maintained at about 10°C with water and crushed ice, and pressure applied at 100, 150, 200 and 300 MPa for 5 min with a Cold Isostatic Press from Nippon Kokan Co., Ltd. After pressurization, the sample was taken out and immediately cooled in an ice box.

Texture profile.

Texture profile of the pressurized muscle was measured with a NRM-20002J Rheometer (Fudo Kogyo Co., Tokyo) using a conical plunger.

Preparation of myofibrils.

Myofibrils were prepared from the pressurized muscle by the method of BUSCH et al (1972). The preparation was suspended in 100 mM KCl and 1 mM NaN_3 .

Fragmentation of myofibrils.

The degree of fragmentation was measured essentially according to the procedure described by TAKAHASHI et al (1967). The protein concentration of the myofibrils was adjusted to 0.25 mg/ml and observed under a phase-contrast microscope at a magnification of 1500. The degree of fragmentation of the myofibrils is expressed as the percentage of the number of fragments composed of 1-4 sarcomeres to the total number of myofibrils observed.

Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE).

Myofibrils sedimented by centrifugation at 5000xg for 10min were solubilized in 0.01 M sodium phosphate buffer (pH 7.0) containing 5% SDS and 1% 2-mercaptoethanol in boiling water for 30min, with subsequent centrifugation at 10,000xg for 15min. The clear supernatant was subjected to an SDS-PAGE analysis according to the procedure described by WEBER & OSBORN (1969). The electrophoresis was performed for 3.5 hr at 8mA per gel on 8cm gels containing 5% polyacrylamide (bisacrylamide-acrylamide, 1:37(w/w)).

Electron microscopy.

An electron microscopic observation of the myofibrils was carried out by the method described in our previous paper (SUZUKI et al, 1978). Specimens were examined with a JEM 100S electron microscope operated at 80 kV.

Results and Discussion

Effect on texture profile

The effects of high-pressure treatment on texture profile of the muscle are shown in Fig. 1, the results being representative of those obtained by repeated measurements for different position of the muscle. The hardness of the pressurized muscle decreased to 60, 20 and 10% of the control (untreated) at 100, 150 and 300 MPa, respectively. Whereas significant difference in the elasticity was not observed between the control and pressurized muscle. This result indicates that brief exposure of post-rigor muscle to high pressure induces the meat tenderization without heat treatment.

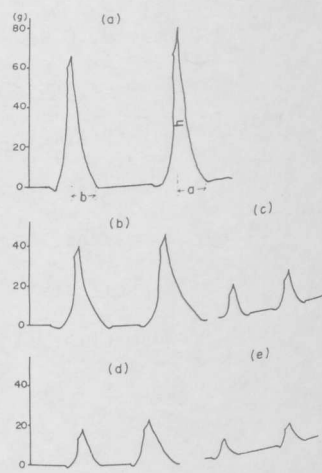


Fig. 1. Texture profile of pressurized bovine skeletal muscle. The muscle was pressurized at 0(a), 100(b), 150(c), 200(d) or 300(e) MPa at 10°C for 5min. h, hardness; b/a, elasticity.

Effect of high-pressure treatment on the degree of fragmentation of myofibrils

Effect of high-pressure treatment on the degree of fragmentation is shown in Fig. 1. A sigmoidal relationship was obtained between the degree of fragmentation and intensity of pressure applied to the muscle. The degree of fragmentation, which was less than 10% in the untreated muscle, was accelerated by pressurization and reached over 30, 70, 80 and 90% at 100, 150, 200 and 300 MPa, respectively. It is well-known that the myofibrils prepared by homogenizing conditioned muscle were shorter and composed of fewer sarcomeres than those prepared from unconditioned muscle (TAKAHASHI et al, 1967), and that breaks in myofibrils were correlated with the increase in meat tenderness (TAKAHASHI et al, 1967; DAVEY & GILBERT, 1967; FUKAZAWA & YASUI, 1967; HENDERSON et al, 1970; MOLLER et al, 1973). Therefore, myofibrillar fragmentation has been shown to be useful in predicting meat tenderness (OLSON et al, 1977; CALKINS & DAVIS, 1980). As shown in Fig. 2, fragmentation of myofibrils increased with the increase of applied pressure to the muscle, and the degree of fragmentation reached its maximal level with brief pressurization as compared with that of myofibrils naturally occurring in conditioned muscle. From the results of this fragmentation, a brief exposure of post-rigor muscle to high pressure seems to be useful for meat tenderization.

Effect on the ultrastructure

Ultrastructure of the myofibrils prepared from the pressurized muscle is shown in Fig. 3. In the myofibrils prepared from the muscle pressurized at 100 MPa, a contraction of the sarcomere was observed, and the difference in density between the A-band and I-band became indistinguishable as compared with the control. Marked rupture of the filamentous structure of the I-band and a loss of the filamentous structure of the I-band and a loss of the materials were observed in myofibrils from the muscle pressurized at 150 MPa. The Z-line structure seemed to be out of register. In the myofibrils from the muscle pressurized at 200 MPa, the structural continuity of the sarcomere was almost completely lost, with broken A- and I-filaments spread over the sarcomere. Complete loss of the M-line thickening of the Z-line, probably due to a collapse of the I-filament, were also observed. Cleavage of the A-band and the many changes already mentioned was observed in myofibrils from the muscle pressurized at 300 MPa. The length of the sarcomere initially contracted by pressurization at 100 MPa seemed to have gradually recovered with

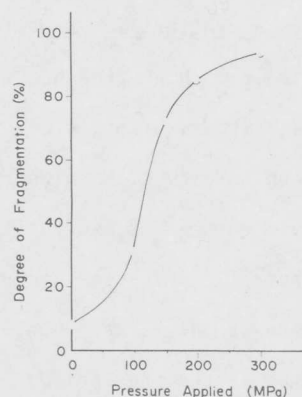


Fig. 2. Effect of pressurization on the degree of fragmentation in myofibrils prepared from pressurized bovine skeletal muscle.

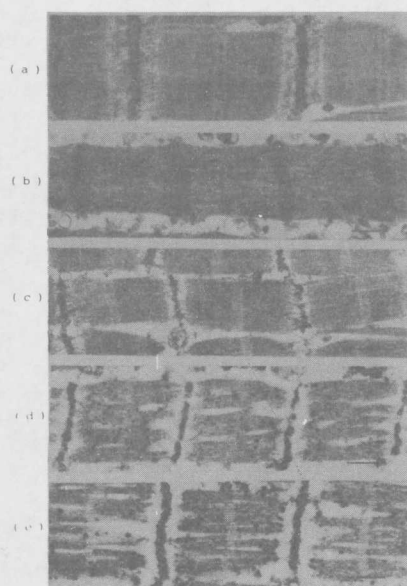


Fig. 3. Ultrastructure of myofibrils prepared from bovine skeletal muscle. Condition of pressurization was the same as those specified for Fig. 1. Each scale mark indicates $0.5 \mu\text{m}$.

increase of pressure applied to the muscle, because of the increasing loss of structural continuity. As already mentioned, fragmentation of the myofibrils during conditioning is derived from breakage of the myofibrils at the Z-line, whereas the Z-line in the fragmented myofibrils prepared from pressurized muscle apparently remained intact. In spite of the short time (5min) and low temperature (about 10°C) of the pressure treatment applied to the post-rigor muscle, changes in the ultrastructure of the muscle shown in this paper were principally

in accordance with those reported by MACFARLANE (1978,1985) and by LOCKER & WILD (1984).

Effect on myofibrillar protein

The effect of high-pressure treatment on the protein constituents of the myofibrils was investigated by SDS-PAGE, which is shown in Fig. 4. No significant difference in the electrophoretic pattern of myofibrillar protein was observed among the control (untreated) and pressurized muscle preparations in spite of the marked changes in the ultrastructure that was observed in the pressurized muscle. The appearance of 30,000 dalton protein, which was commonly observed in the myofibrils prepared from the conditioned muscle (PENNY,1980), was not observed in the myofibrils prepared from the pressurized muscle.

Conclusion

From the results obtained in this report, it is suggested that a high hydrostatic pressure-treatment of post-rigor muscle causes tenderization of the meat in a different manner from that of conditioning.

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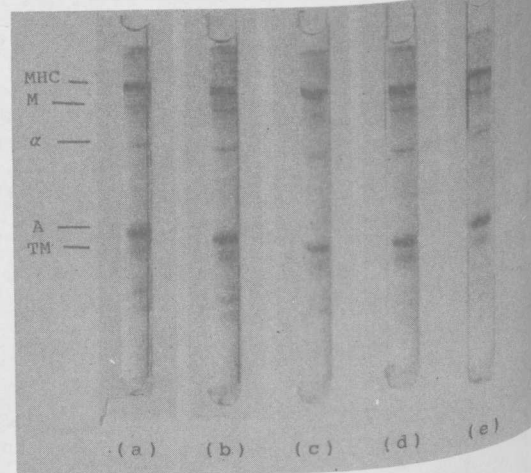


Fig. 4. SDS-PAGE patterns of myofibrillar protein prepared from pressurized bovine skeletal muscle. Myofibrillar proteins were analyzed on 5% gels containing 0.1% SDS. Condition of pressurization was the same as those specified for Fig. 1. MHC, myosin heavy chain; M, myosin light chain; α , α -actinin; A, actin; TM, tropomyosin.