

EFFECT OF SODIUM CHLORIDE TREATMENTS ON THE MICROSTRUCTURE OF MUSCLE FIBRES

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KEYWORD

Microstructure, meat tenderization, calpains, myofibrils

BACKGROUND

Meat tenderization mechanisms have mainly been studied in beef however histological studies show no significant differences in muscle structures between species. Disruption of I-band and position of Z-line are related to aged meat, with no species-specificity (Etherington et al., 1987).

The mechanical properties of meat are related to final pH, postmortem temperature, sarcomere length and enzymatic proteolysis of myofibrillar proteins, particularly troponine and desmine (Yu and Lee, 1986). One group of enzymes significantly involved in meat tenderization are the calpains, sarcoplasmic cystein-proteases, of two types: calpain I, activated in the presence of 50 to 70 mM Ca, and calpain II activated with 1 to 5 mM Ca (Koochmaraie, et al., 1988). Optimal conditions for calpain activation are 25°C and pH=7.5 (Cottin, et al., 1991). When meat is marinated with sodium chloride, myofibrillar proteolysis takes place at an accelerated rate, reducing the time necessary for postmortem conditioning. It has been demonstrated that calpains produce breakdown of Z-line, T-troponine, I-troponine, tropomyosine, a-actinine, titine and nebuline (Koochmaraie et al., 1984).

However, reports in the literature regarding identification of T-tubules, transverse bridges, Z-disks and inter-myofibrillar connection during tenderisation is scattered. Studies on structure identification by electron microscopy are not consistent (Silva, et al. 1992).

OBJECTIVES

To study the mechanisms of any breakdown of myofibrillar proteins, caused by marinating with calcium chloride during meat conditioning.

METHODS

Samples from beef *Longissimus dorsi* were obtained just after slaughter and were divided into 1500 g portions. Half of the samples were marinated with calcium chloride (0.150 mM for 48 h, 4°C) with continuous stirring. Control samples were stored under parallel conditions. After marinating, each portion was divided into 5 sub-portions and kept at 4°C. Analyses were carried out on day 1 and every other day thereafter, up to a total of 14 days. Sensory analysis was carried out at the same sampling times in order to evaluate tenderness, juiciness and flavor with an untrained panel.

Sections of 1 cm³ were taken and fixed with Bouin reagent (6 h). They were then included in O.C.T. and frozen at -70°C. Sections of 5 x 1 mm were fixed with 2.5% glutaraldehyde in a 0.1 M sodium cacodylate buffer at pH 7.4 (3 h, 4°C). The samples were sectioned, stained and placed under a transmission electron microscope.

RESULTS AND DISCUSSION

Marinated meat showed considerable tenderization at day 1 of study, however there was limited subsequent tenderisation. This could be due to a self degradation of calpains

when exposed to calcium, hence meat does not undergo excessive tenderization when calpains are applied, in contrast to the action of plant proteases.

Sensory analysis show that there were no significant differences ($P > 0.05$) with respect to juiciness and flavor, although tenderness was considerably different between marinated meat and control.

Prolonged exposure to calcium resulted in calpain inactivation, in agreement with Koohmaraie, et al., (1992) and Zimmerman and Schalaepfer (1991) who demonstrated that autolysis of calpains is a common and irreversible process.

Structural differences were observed under the TEM between marinated and control samples, mainly as small holes and disruptions at the line Z region. A 30,000 Dalton component appeared in marinated samples after the first 24 hours of storage, in agreement with Koohmaraie, et al., (1988)

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