

HOT-PROCESSING OF PORK: A COMPARISON OF THE MICROBIOLOGICAL STABILITY, PROCESSING YIELD AND SENSORY ANALYSIS BETWEEN HOT- AND COLD-PROCESSED VIENNAS

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INTRODUCTION: Why has the hot-boning process gained international interest during the past decade? The answer lies in economics. Renewed interest has been fostered by the economic advantages, including savings in energy, space, labour, materials and product weight loss, as well as improved functional properties (Cuthbertson, 1980; Kastner, 1982). Further advantages include improved sanitation and shelf-life, water-holding and -binding capacity, emulsifying properties and yields, a decreased cooking loss and excellent sensory characteristics (Olsen, 1983; Kastner, 1982; Hamm, 1982). A leading meat company in South Africa initiated this study to quantify the advantages of the hot-processing of pork over the conventional method. The objective was to compare viennas prepared from *pre-* versus *post-rigor* controls regarding microbiological stability, processing yield and sensory analysis. Results obtained could be of considerable economic and commercial value to the processed meat industry in Southern Africa, as it can be anticipated that hot-processing will increase throughput as well as the quality of emulsion-type products.

MATERIALS AND METHODS: Twelve pigs (gilts weighing 90 - 98 kg), after being transported for ca 10 km, were rested for two hours before they were slaughtered. The pigs were electrically stunned (220 V for 7 sec.), bled immediately by severing the jugular vein, scalded and dressed according to normal practice. The carcasses were halved lengthwise, with the left side of the carcass being used for hot-processing (HP) (processed within two hours after stunning) and the right side cold-processed (CP) (processed after chilled for 24 hours at 0 - 3 °C). The shoulders were removed between the 3rd and 4th thoracic vertebrae, boned, derinded, defatted and used to formulate the pre-blends. The pre-blends consisted of 75 % pork (90:10), 2 % salt, 0,05 % nitrite, 0,30 % ascorbate, 0,30 % phosphate blend (ABASTOL 305, pH 8,8) and 22 % water/ice. The viennas were formulated according to the following composition: 34 % pre-blend, 22 % pork fat (10:90), 1,36 % salt, 5 % isolated soy protein (ISP), 0,60 % spice (customised spice pack), 0,60 % dextrose, 3,50 % potato starch and 32,96 % ice. The emulsion was filled into 21/70 Nojax ('peel-off') casings. The viennas were smoked for 35 min and cooked to an internal temperature of 72 °C in a Fessmann Turbomat T 1900 / T 1950 smokehouse.

Microbiology - The total plate count (TPC), Enterobacteriaceae, yeasts and lactic acid bacteria were determined on the HP and CP viennas, using the methods described by Nottingham *et al.* (1975); Sakazaki *et al.* (1960); Koburger (1976) and De Man *et al.* (1960).

Processing yield - The cooking loss of the viennas was determined by weighing the sample before and after cooking and the loss calculated as a percentage of the original sample weight.

Sensory analysis - The ten-member trained sensory panel, specifically trained to evaluate viennas, used a 'Difference from control test' (Meilgaard *et al.*, 1990). The samples were served hot (heated at 160 °C for 12 min) to the panellists on heated sandbaths. Two sensory sessions were held per day between 09h00 and 10h00, with four to five samples, including the control, per session. Samples were presented in a completely random order. Evaluations were performed in well ventilated, temperature controlled, partitioned booths under red light conditions. Water at room temperature was provided to the panellists to cleanse the palate between samples.

Shear force resistance measurements - An Instron Universal Testing Machine Model 4301 fitted with a Warner-Bratzler shear attachment and a crosshead speed of 400 mm/min were used. The viennas with a diameter of 17 mm each, were at ambient temperature. Each vienna was sheared perpendicular to the length of the vienna (3 replications).

Statistical analysis - The data were analyzed by means of a multi-factorial analysis of variance. Analysis and interpretation of the main effects were sufficient to substantiate whether or not hot-processing is a worthwhile alternative in the production of emulsion meat products. Significant main effects were accepted at the 5 % level of probability and the main values were separated by the LSD multiple range test.

RESULTS AND DISCUSSION: There was no significant difference ($p > 0,05$) in the microbial counts as influenced by the boning method. Boning method also had no significant ($p > 0,05$) influence on the smokehouse yield. This is in agreement with the findings of Choi *et al.* (1987). In the South African industry emulsion-type products are extended by adding non-meat protein (ISP) and starch. These extenders and the added phosphate could have masked the advantage which the *pre-rigor* meat might have had on the final yield (Dibble, 1994; Puolanne & Turkki, 1983).

The aroma and flavour of the CP viennas was more ($p < 0,05$) intense than that of the HP samples (Table 1). The viennas were smoked and cooked in a smokehouse which could have led to a variation in the degree of smoking. Hot-boning normally does not adversely affect meat flavour (Schmidt & Keman, 1974; Lin *et al.*, 1979; Jeremiah *et al.*, 1993). The texture of the CP viennas was significantly ($p < 0,05$) firmer than that of the HP viennas (Table 1). The same significant difference in firmness was found with the compression test. The correlation between sensory firmness and shear force values was significant ($p < 0,05$; $r = 0,59$). The addition of phosphate to the pre-blend might have influenced the textural firmness of the viennas (Puolanne & Terrell, 1983; Gariépy *et al.*, 1994). Choi *et al.* (1987) found that the addition of phosphate (0,50 %) slightly increased the overall firmness values more frequently in CP frankfurters than in HP samples. HP resulted in an end-product with better juiciness (Table 1). Juiciness is related to the water-holding capacity of muscle and this could explain the higher value ($p < 0,05$) for juiciness in the HP viennas (Lin *et al.*, 1979).

Table 1: The means of the sensory characteristics and the shear force resistance measurements of viennas as influenced by hot-processing compared to cold-processing

Boning method	Aroma	Texture	Juiciness	Flavour	Shear force resistance (N)
Hot-boned	4,65 ^a ± 0,06	4,57 ^a ± 0,04	5,09 ^a ± 0,04	4,85 ^a ± 0,05	12,50 ^a ± 0,40
Cold-boned	5,34 ^b ± 0,06	5,19 ^b ± 0,05	4,79 ^b ± 0,04	5,58 ^b ± 0,06	14,12 ^b ± 0,42

Mean values ± standard error

Values within the same column, with different superscripts, differ significantly ($p < 0,05$)

Scores: 9 = Extremely more, 5 = Same as control, 1 = Extremely less

CONCLUSIONS: Results of this research indicated that HP does not adversely affect the microbial quality of emulsion-type end-products. The use of phosphates in the *pre-rigor* pre-blends proved to be unnecessary, since there was no yield advantage with the application of phosphates. The HP viennas did not prove to be of an inferior quality compared with the CP viennas in terms of sensory characteristics. Although there was no advantage in cooking yield from HP, the other economic advantages overwhelmingly favour the utilization of *pre-rigor* meat in meat processing.

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