

## Comparison of Between The Stability of Colour And Shelf -Life of Meat Sausage With Combined Low Sodium Nitrite And Fermentation of Lactic Acid.

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### Introduction

Sodium nitrite is an important curing-agent on meat and meat products, especially in meat sausage. It used to be added into meat sausage to inhibit growth of bacteria, improve colour of meat products and increase aroma and flavour of sausage. So it is widely used to meat products in many countries throughout the world. In recent years, a lot scientific reports said that sodium nitrite will produce some harmful substances to humanbody health during meat processing in suitable conditions. Scientists and researchers in the world pay special attention to add of sodium nitrite in the manufacture of meat products. So how to reduce addition dose of sodium nitrite in meat processing will be a valued research to all meat scientists and researchers from all over the world. In this paper, we discussed the quality change of meat sausage product and production possibility in sodium nitrite addition by comparison of between the stability of colour and shelf-life of meat sausage with combined sodium nitrite and fermentation of lactic acid.

### Materials and methods

1. Main materials: fresh park with fat (skin removed)  
start-culture, species, glacono-Delta-lactone  
suger, sodium chloride, sodium nitrite, nature casing
2. Main equipments and instruments  
cutting machine, mixing machine, vacuum filling machine, fermentation house  
ripening and cooking house, pH value measurer, water activity measurer
3. processing procedure  
selecting materials - curing - cutting - mixing - filling - fermentation - ripening and cooking - finished product
4. Sensory evaluation

We selected randomly 30 panelists with different occupations to evaluate different meat sausage samples, then we carried out statistical analysis.

### Results and discussion

The processing procedure for making fermented sausage is basically the same with the processing of common meat sausage, except fermentation. In the other words, fermentation is a specific processing procedure in the processing of sausage. Sausage will be able to produce unique flavour and aroma by fermentation. In addition, we found that fermentation processing will assist to produce of sausage colour during our experiments, so we discussed and compared curing effect on sausage with combined low sodium nitrite and fermentation of lactic acid. We made experiments of seven batches sausage samples in our institute, in which, some conditions are fixed including curing temperature 0°C - 5°C, curing time 6 hours and fermenting time 6 hours. On the basis of these conditions, we selected different addition dose of sodium nitrite to make meat sausage. They are 5, 10, 15, 20, 25, 30 and 35 ppm sodium nitrite respectively. After the processing, we measured pH value of each sausage sample.

The results of experiments are shown in Table. 1 below.

Table 1. Results of sensory evaluation of sausage sample with combined low sodium nitrite and fermentation

Sample	Sodium nitrite addition ppm	Colour	Aroma	Flavour	pH
A	5	light pink	OK	OK	5.65
B	10	light pink	good	OK	5.51
C	15	pink	better	good	5.28
D	20	pink	best	best	5.26
E	25	pink	best	best	5.32
F	30	dark pink	better	best	5.21
G	35	dark pink	better	better	5.24

According to the results of Table 1, obviously both D and E are ideal results, but the addition of sodium nitrite of sample D is lower than sample E. Thus sample D is best result.

### Conclusion

In our experiments, we obtained a satisfying result through comparison combined low sodium nitrite and fermentation of lactic acid. We can make good quality sausage using lower concentration of sodium nitrite by fermentation. And these sausage samples with reduced levels of salt and nitrite store best under refrigeration, even without refrigeration. Samples have a stable shelf-life. Also, to reduce levels of salt and nitrite in meat processing will be beneficial to humanbody health. And because of fermentation technology used, these meat sausages will be improved nutrient value. We will be discussing later in detail in this respect of nutrient improvement.

Certainly, the essential microbiological characteristic of a cured meat is that it does not putrefy. And curing may be combined with additional processing including drying, heating and smoking. Undoubtedly, more research should be done in relation to reduce or replace nitrite for meat processing in the future.

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