

EFFECT OF LACTIC ACID TREATMENT ON SURVIVING *LISTERIA MONOCYTOGENES* ON MEAT PACKAGED IN MODIFIED ATMOSPHERE

Steinhausserova Iva, Fojtikova Kateřina

Department of Meat Hygiene and technology, University of Veterinary and Pharmaceutical Sciences Brno, Czech republic

Keywords: *Listeria monocytogenes*, organic acid, lactic acid, packaged meat**Background:**

It is now recognized that the human pathogen *Listeria monocytogenes* is widely distributed in the nature and can be isolated from a variety of foods. Foods such as meat and meat products, milk and dairy products and vegetables contaminated with *Listeria monocytogenes* have been often linked with human listeriosis (Conner, 1990).

Reducing microbial contamination during processing to increase product safety and shelf life is an important effort. One of many methods is application of some organic acids on foods. Organic acids can be effective antimicrobial agents therefore lactic acid and acetic acid are approved for use as meat treatments (Pelroy, 1994).

Objectives:

The goal of this research was to evaluate the efficiency of lactic acid for eliminating *Listeria monocytogenes* on pork meat packaged in modified atmosphere.

Methods:

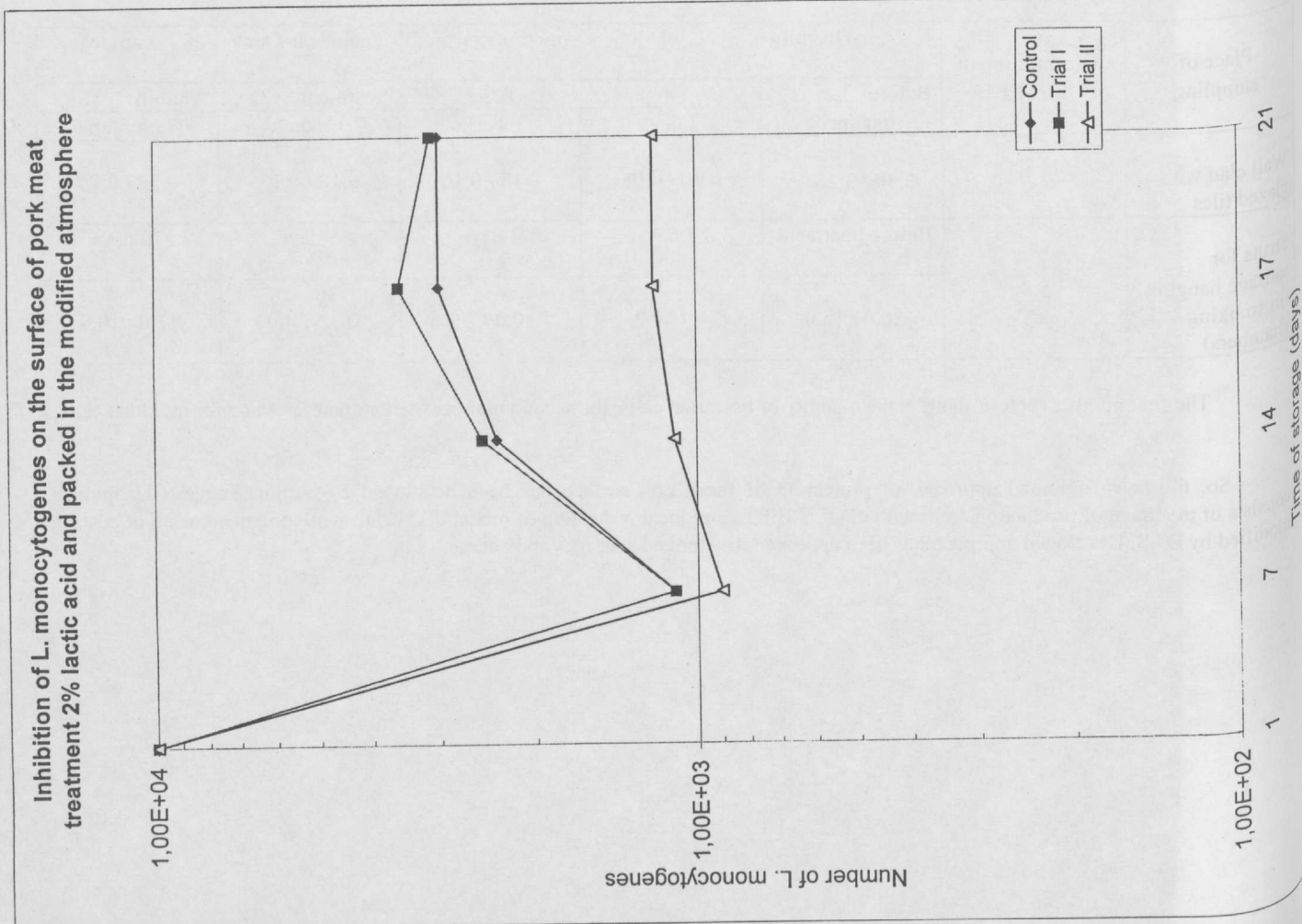
The surface of some pork carcasses were sprayed with 2 % lactic acid (LACTIL) immediately after slaughtering. The carcasses were chilled to reach the internal temperature 4 °C.

Pork trims from *m. longissimus dorsi* were obtained the second day during deboning of carcasses.

Culture of *Listeria monocytogenes* CCM 5576 was used; culture was grown at 30 °C in TSBYE (Difco).

The experiment was divided into the following groups:

1. Meat samples (*m. longissimus dorsi*) treatment with lactic acid on the carcass surface immediately after slaughtering



2. Meat samples (m. longissimus dorsi) treatment lactic acid on the carcass surface after slaughtering and sprayed with lactic acid and inoculated *Listeria monocytogenes* before packaging in modified atmosphere. We used two concentrations of suspension *L. monocytogenes*. The surface of some samples was inoculated 1 ml suspension 10^3 CFU/ml and some samples were inoculated the same way with 10^5 CFU/ml *L. monocytogenes*.

3. Control samples without any lactic acid treatment

All samples were packaged in modified atmosphere (composition of atmosphere 80 % oxygen, 20 % carbon dioxide - fa LINDE).

Packaged samples from each group were held at 4 °C and investigated after 5, 7, 14 and 21 days.

Microbiological investigation:

Samples were obtained to determine population of: *L. monocytogenes*, lactic acid bacteria, and aerobic and facultative anaerobic population

Listeria monocytogenes: Enrichment and cultural procedures for detection and isolation of *L. monocytogenes* were done according to the CSN-ISO 10560 regulations with slight modification (two enrichment steps UVM I, Fraser broth, inoculation on select medium Palcam and Oxford agar (Oxoid). Confirmation test were made by using API test (BioMerieux). Each sample was investigated for quantitative and qualitative determination of *L. monocytogenes*.

Lactic acid bacteria: MRS agar (Oxoid) 30 °C / 3 days

Aerobic and facultative anaerobic population: Tryptone Glucose Extract Agar (Oxoid) 30 °C / 3 days

Results and discussions:

The main task of our experiment was evaluation the possibility of reducing number of *Listeria monocytogenes* on the surface of pork meat packaged in modified atmosphere. The original number of *L. monocytogenes* were approximately 10^3 and 10^5 CFU/ml.

Direct cultivation (without enrichment) samples with lower number *L. monocytogenes* (10^3 /ml) was negative for all samples in the 14 days. After this time we found out positive results (10^1 - 10^2 per gram) only in control samples (without lactic acid treatment).

After the enrichment procedure we harboured positive results both control and samples treatment lactic acid.

All samples with higher number *L. monocytogenes* (10^5 /ml) were positive by direct cultivation (Fig. 1). We have found out on samples treatment lactic acid before packaging some decreasing number of *L. monocytogenes*. The number of *L. monocytogenes* dropped from 10^3 (1 week) to 10^2 per gram (3 week). The numbers of *L. monocytogenes* in control samples and samples lactic acid treatment only after slaughtering were approximately similar.

This experiment results provided some useful information concerning the antilisterial activity of lactic acid. There is evidence that lactic acid can reduce number of *L. monocytogenes* from food but this antilisterial effect is not sufficient for total elimination of *L. monocytogenes*.

Organic acids can be effective antimicrobial agents. Therefore acetic and lactic acids are approved for use as carcass treatment. In carcass reductions ranging from 1-4 \log_{10} CFU/cm² in surface bacterial populations have been reported (Conner, 1997). Contemporarily it has been indicated that the antimicrobial activity of many organic acids depends on many factors - pH, undissociated form of the acid molecule, temperature etc. which can influence the effect of organic acid (Shelef, 1994).

Conclusions:

Although *L. monocytogenes* is able to survive under acidic conditions results of survival studies indicate that lactic acid at 2 % concentrations can be only slightly effective for inactivation of *L. monocytogenes* on fresh meat packaged in modified atmosphere (20% CO₂ and 80 %O₂).

Pertinent literature:

- Conner, D.E.-Scott, V.N.-Bernard D.T. 1990. Growth, inhibition, and survival of *Listeria monocytogenes* as affected by acidic conditions. *J. Food Protect.*: 53, p. 652.
- Pelroy, G.A.-Peterson, M.E.-Holland, P.J.-Eklund, W. 1994. Inhibition of *Listeria monocytogenes* in cold-process salmon by sodium lactate. *J. Food Protect.*: 57, p. 108.
- Conner, D.E.-Kotrola, J.S.-Mikel, W.B.-Tamblyn, K.C. 1997. Effects of acetic and lactic acid treatments applied to beef trim on populations of *E. coli* 0157:H7 and *Listeria monocytogenes* in ground beef. *J. Food Protect.*: 60, p. 1560.
- Shelef L.A.: Antimicrobial effects of lactates: A review. 1994: *J. Food Protect.*: 57, p. 445.