

PS6.06 Antimicrobial Resistance among *Campylobacter* spp. Strains isolated from Portuguese Poultry at Slaughterhouse Level 428.00

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Abstract— The aim of work was to evaluate the antimicrobial susceptibility of *Campylobacter* spp. strains isolated from poultry samples at a slaughterhouse in 2008. Considering flocks' traceability, sampling was performed for caecum, carcass (neck skin) and breast meat at a poultry slaughterhouse in different days of work and a collection of 78 strains isolated and identified as *C. coli* and *C. jejuni* were tested for susceptibility to 11 antimicrobial agents (disk diffusion method). *C. coli* was more frequently isolated from caecum samples and *C. jejuni* from breast meat samples. An extremely high frequency of fluoroquinolone resistance was detected among *Campylobacter* strains, particularly for *C. coli* (100% resistant to norfloxacin, ofloxacin, nalidixic acid and ciprofloxacin). More than 60% of the isolated strains showed resistance to tetracycline and ampicillin. In this study, *C. coli* strains showed a higher level of resistance to erythromycin (46.9%) than *C. jejuni* strains (20.7%). Almost all isolated strains were sensitive to amoxicillin+clavulanic acid. Chloramphenicol and gentamicin were active against both *C. coli* and *C. jejuni*.

Index Terms— Antimicrobial resistance, *Campylobacter coli*, *Campylobacter jejuni*, Fluoroquinolones.

I. INTRODUCTION

Campylobacter species, namely *Campylobacter jejuni* and *Campylobacter coli*, can colonize the intestinal tract of most mammals and birds and are the most frequently isolated species in humans with gastroenteritis. They are recognized as the most common cause of sporadic human bacterial foodborne illness, becoming an important public health problem in several countries.^{1,3,5,6,11,13} Despite of that, *Campylobacter* spp. does not generally trigger the same degree of concern as some other foodborne pathogens, since it rarely causes death and is not commonly associated with newsworthy outbreaks of food poisoning.^{1,3,11,14} *Campylobacteriosis* is frequently associated with the ingestion of improperly handled

foods that are inadequately cooked and it has a high level of association with poultry products. This disease poses additional health risks besides acute gastroenteritis, including chronic illness such as polyarthropathies or neuropathies, (Guillain-Barré syndrome and reactive arthritis) and in these complications antimicrobial treatment is often required.^{1,3,11,14} Recent studies indicated that antimicrobial resistance among *Campylobacter* spp. is growing, however few data are available from Portugal. Studies performed on 1992 and 2008 were published but more work has to be done to characterize the Portuguese *Campylobacter* strains and its level of antimicrobial resistance.^{4,8,9} In this context, this work was conducted to evaluate the antimicrobial resistance of *Campylobacter* strains isolated from poultry at a Portuguese slaughterhouse.

II. MATERIALS AND METHODS

A. Bacterial strains Seventy eight strains of *Campylobacter jejuni* and *C. coli* were isolated from poultry samples collected at a slaughterhouse between December 2007 and October 2008. Considering flocks' traceability sampling was performed for caecum, carcass (neck skin) and breast meat at a poultry slaughterhouse in different days of work. Detection and isolation of *Campylobacter* was performed according to EN/ISO 10272-1:2006 and strains were identified by multiplex PCR. 16

B. Antimicrobial susceptibility testing Antimicrobial susceptibility testing was carried out by using the agar disk diffusion method with Mueller-Hinton agar supplemented with 5% sheep blood. The plates were incubated at 42°C for 48h in a microaerobic atmosphere. The antibiotics tested included ampicillin (10µg), tetracycline (30µg), chloramphenicol (30µg), erythromycin (15µg), gentamicin (120 µg,) ciprofloxacin (5µg), norfloxacin (5µg), nalidixic acid (10µg), ofloxacin (5µg), amoxycillin+clavulanic acid (20+10µg) and trimethoprim-sulfamethoxazole (25µg). *Staphylococcus aureus* 25923 ATCC and *Enterococcus faecalis* 29212 ATCC were used as quality control. Susceptibility categorization was carried out according

to National Committee of Clinical Laboratory Standards (2002) and Societ  Fran aise de Microbiologie (2008).

III. RESULTS AND DISCUSSION

Table 1 shows the resistances of seventy eight strains of *Campylobacter jejuni* and *C. coli* to the antimicrobial agents evaluated. Of the 49 *C. coli* isolates, the highest level of resistance was recorded to norfloxacin, ofloxacin, nalidixic acid and ciprofloxacin (100% of the isolates resistente).

Table 1 Number and frequency of *Campylobacter*-resistant strains isolated from poultry to different antimicrobial agents.

Antimicrobial agent	<i>C. coli</i>		<i>C. jejuni</i>		Total	
	(n= 49)	%	(n= 29)	%	(n= 78)	%
Ampicilin	41	83.7	18	62.1	59	75.4
Trimethoprim-sulfamethoxazole	29	59.2	9	31.0	38	48.7
Norfloxacin	49	100.0	26	89.7	75	96.0
Chloramphenicol	0	0.0	0	0.0	0	0.0
Ofloxacin	49	100.0	27	93.1	76	97.4
Erythromycin	23	46.9	6	20.7	29	37.1
Amoxicillin+clavulanic acid	3	6.1	0	0.0	3	3.8
Tetracycline	43	87.8	18	62.1	61	78.1
Ciprofloxacin	49	100.0	26	89.7	75	96.0
Nalidixic acid	49	100.0	27	93.1	76	97.4
Gentamicin	0	0.0	0	0.0	0	0.0

The frequency of resistance to the other antibiotics studied was variable, 87.76% to tetracycline, 83.67% to ampicilin, 59.18% to trimethoprim-sulfamethoxazole, 46.94% to erythromycin and 6.12% to amoxicillin+clavulanic acid. Regarding the *C. jejuni* isolates (n=29), the highest level of resistance was recorded to nalidixic acid and ofloxacin (93.1%) and to norfloxacin and ciprofloxacin with 89.66%. The number of strains with resistance to the other antibiotics studied was also variable, 62.07% to both ampicilin and tetracycline, 31.03% to trimethoprim-sulfamethoxazole and 20.69% to erythromycin. Amoxicillin+clavulanic acid was active against *C.*

jejuni. Chloramphenicol and gentamicin were active against both *C. coli* and *C. jejuni*. The picture presented by the data obtain in this work seems to be similar or higher than that reported by EFSA (2009), were 94% of isolates from poultry origin were resistant to ciprofloxacin.⁶ This pose a particular risk to humans due to treatment failure, for these reasons the control of *Campylobacter* in the food chain must become a major target of all Portuguese intervenients (producers, distributors and agencies responsible for food safety). *C. coli* (more frequently isolated in the broilers caecum and carcass) and *C. jejuni* strains (Table 2) were resistant to fluoroquinolones group, independently of site of sample collection on slaughterhouse line (higher than 94%).

Table 2 Distribution (%) of *Campylobacter*-resistant strains according to poultry sample type (caecum, neck skin or breast).

Antimicrobial agent	Breast meat		Carcass (neck skin)		Caecum		Total	
	(n= 39)	%	(n= 21)	%	(n= 18)	%	(n= 78)	%
Ampicilin	29	74.4	16	76.2	14	77.8	59	75.4
Trimethoprim-sulfamethoxazole	15	38.5	9	42.9	14	77.8	42	53.8
Norfloxacin	39	100.0	20	95.2	18	100.0	77	98.7
Chloramphenicol	0	0.0	0	0.0	0	0.0	0	0.0
Ofloxacin	37	94.9	20	95.2	18	100.0	75	96.0
Erythromycin	13	33.3	6	28.6	10	55.6	29	37.1
Amoxicillin+clavulanic acid	1	2.5	1	4.7	1	5.6	3	3.8
Tetracycline	28	71.8	17	81.0	16	88.9	61	78.1
Ciprofloxacin	37	94.9	20	95.2	18	100.0	75	96.0
Nalidixic acid	38	97.4	21	100.0	18	100.0	77	98.7
Gentamicin	0	0.0	0	0.0	0	0.0	0	0.0

The level of strains resistant to ampicilin was very high, 74.64% of the *Campylobacter* strains isolated from breast were resistant to ampicilin. Tetracyclines have been named in the past as an alternative treatment for campylobacteriosis and are used widely as feed additives for livestock and poultry.^{1,3,13,14} In this study, resistance to tetracycline was high, 87.76% to *C. coli* and 62.07% to *C. jejuni*.

IV. CONCLUSION

An extremely high frequency of fluoroquinolone resistance was detected among *Campylobacter* strains, particularly for *C. coli* strains (100% resistant to norfloxacin, ofloxacin, nalidixic acid and ciprofloxacin). More than 60% of the isolated strains showed resistance to tetracycline and ampicilin. In this study, *C. coli* strains showed a higher level of resistance to erythromycin (46.9%) than *C. jejuni* strains (20.7%). Almost all isolated strains were sensitive to amoxicillin+clavulanic acid. Chloramphenicol and gentamicin were active against both *C. coli* and *C. jejuni*. The high rates of *Campylobacter* strains resistance to antimicrobials isolated from samples at slaughterhouse level make advisable a well stated policy for the use of antibiotics and the accomplishment of all preventive rules of good hygiene practices at farm level (producers) as well the good implementation of HACCP regarding the hazard *Campylobacter* at slaughter house level.

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