PERI MORTEM MUSCLE BIOCHEMISTRY IN AN ANIMAL MODEL OF ACUTE STRESS

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Abstract - Increased levels of stress hormones in the muscle could lead post mortem to metabolic/structural modifications which could also be reflected on meat quality. Present study investigated the metabolic effect of either adrenaline or cortisol injected into lambs. Results obtained demonstrated increased glucose metabolism and increased muscle temperature linked to adrenaline or cortisol injection. Muscle pH immediately post mortem was affected by adrenaline, but not by cortisol injection. Final muscle pH and temperature were not affected by hormones injection. WHC of fresh muscle was not altered neither by adrenaline nor by cortisol treatments. The animal model of acute stress used succeeded in emulating a biological acute stress. Ageing studies of meat quality are in progress in order to test the hormone effect on the development of meat quality.

Key Words – stress hormones, muscle metabolism, meat quality.

I. INTRODUCTION

Recent data have reported a possible effect of stress hormones (catecholamines and/or cortisol) on metabolic and/or structural *post mortem* modifications in the muscle. These effects would be independent of the glycogen levels or final pH, and may affect *post mortem* proteolytic processes leading to altered water holding capacity, tenderness and flavor during meat aging [1, 2, 3].

It is known that animals' response against stress usually displays great variability. Also, different stressors usually elicit very different types of biological responses [4]. Thus, experimental models of animals injected with stress hormones represent an interesting approach to study individual hormone effect on the *post mortem* biochemistry of muscle and its consequence/s on meat quality.

The aim of the present study was to investigate the effect of *pre mortem* adrenaline or cortisol injected animals on the biochemistry and key muscle *post mortem* events.

II. MATERIALS AND METHODS

Twenty-seven (27) Merino Australian lambs of 15 months of age and of 36.8 kg mean liveweight were randomly assigned to one of the following groups:

- control group (C): animals injected with saline solution -NaCl 0.9%.

- adrenaline group (A): animals injected with adrenaline (Sigma-Aldrich) solution (0.2 mg adrenaline/kg body weight).

- cortisol group (Co): animals injected with cortisol (Sigma-Aldrich) solution (2.86 mg cortisol/kg body weight).

Hormone injection was performed via jugular vein. Injected doses of adrenaline and cortisol were selected considering published experimental protocols and physiological hormone levels in sheep [5, 6].

Once injected, the C group was electrically stunned and exsanguinated. The A and Co groups were stunned and slaughtered 3-5 and 10-12 minutes after injection, respectively. Delay times between injection and slaughter were stated considering half-life of hormones and heart output of sheep. Rectal temperature was recorded at slaughter procedure (Ti) using a digital thermometer with resolution of 0.1 °C.

Blood samples were collected at exsanguination to determine hematocrit (microhematocrit method). glucose (GOD/POD enzymatic method, Wiener kit, Rosario, Argentina), lactate (enzymatic method, Randox kit, UK), adrenaline (ELISA method, DiaSource kit, Belgium), cortisol (ELISA method, DiaSource kit, Belgium) and CK activity (kinetic method, Wiener kit, Rosario, Argentina).

Post-mortem Longissimus dorsi (LD) temperature was recorded at 45 min (T₄₅) and 24 h (T_u) postmortem using temperature data loggers (Maxim, CA) placed 2 cm near to the place of pHmeasurement. The muscle pH was also measured at 45 min (pH 45) and 24 h (pHu) post-mortem with a Testo pHmeter (model 230, Testo, BA, Argentina) equipped with a glass pH electrode and a temperature probe.

LD and Psoas Major (PM) instrumental color (L*, a* and b*) was measured using a Minolta CR-400 colorimeter (Konica Minolta Sensing Inc., Bergen, NJ) using D65 illuminant and an 8-mm aperture. Two scans were collected from the surface of each muscle, avoiding areas of connective tissue or intramuscular fat. Each muscle was allowed to bloom for 30 min at 2 \pm 1 °C before color measurement.

Water holding capacity (WHC) of LD muscle 24 h post-mortem was determined according to the compression method described by Pla Torres [7].

Results are expressed as mean ± standard deviation. Data collected was analyzed according to the PROC MIXED procedure of SAS v.9.1 statistical package (SAS Inst. Inc. Cary, USA). Differences between the mean values of each treatment vs. control were analyzed by Kruskal-Wallis' test.

III. **RESULTS AND DISCUSSION**

Blood parameters determined at exsanguination are shown in Table 1. As can be seen, adrenaline injection increased blood glucose and lactate levels and CK activity. These findings agree with previously published results demonstrating that catecholamines changed energy metabolism [8]. In the present study, increased blood activity of

CK suggests increased peri-mortem muscle activity and, possibly, increased muscle damage as

a result of this activity. This finding agrees with previous published results but diverges with others [9, 10]. The intensity of stress and its related hormone level could be the reason for this variability.

Hematocrit was not affected as a result of the treatments. It was expected that adrenaline treatment increased red blood cell circulation by means of spleen contraction. The reduced period of time between adrenaline injection and slaughter (2-5 min) was not probably enough to exhibit increased hematocrit levels.

Instrumental color of LD and PM muscles and WHC of LD muscle are shown in Table 2. As showed, non-significant changes could be recorded as a result of adrenaline or cortisol injection. These results could be associated to the fact that non-significant differences in pH_u were observed between treatments and control group.

Rectal temperature (T_i) and LD muscle temperature and pH values recorded are shown in Table 3. Hormones injection significantly increased T_i and T_{45} values. This finding agrees with previous research that showed an increased body temperature as a result of stressing events (Pighin et al., 2010). Interestingly, only adrenaline injection led to a significant decreased of LD pH_i, suggesting an increased rate of anaerobic glycolysis in the muscle immediately *post-mortem*.

	Control group (C)	Adrenaline group (A)	Cortisol Group (Co)
Hematocrit (%)	41.1 ± 3.57	43.4 ± 3.1	43.0 ± 3.46
Adrenaline (mg/L)	0.10 ± 0.08	1.20 ± 0.41 **	0.04 ± 0.03
Cortisol (µg/dL)	24.4 ± 2.6	44.8 ± 16.5 **	550.0 ± 142.3 **
Glucose (mM)	0.59 ± 0.08	0.84 ± 0.19 **	0.59 ± 0.05
Lactate (mM)	4.80 ± 0.74	6.10 ± 0.72 *	6.90 ± 0.50 *
CK activity (U/L)	80.1 ± 24.6	116.1 ± 33.6 *	105.4 ± 58.8

Table 1 Blood parameters recorded in lambs injected with saline solution (C), adrenaline (A) or cortisol (Co)

* Significant effect between A and C or Co and C, p<0.05; ** significant effect between A and C or Co and C, p<0.001

Table 2 Instrumental color of LD muscle and PM muscle and WHC of LD muscle from lambs injected with salinesolution (C), adrenaline (A) or cortisol (Co)

	Control Group (C)	Adrenaline Group (A)	Cortisol Group (Co)
L* LD	38.00 ± 1.97	38.40 ± 1.30	37.40 ± 1.60
a* LD	20.10 ± 1.20	20.80 ± 0.60	19.90 ± 0.93
b* LD	6.74 ± 0.47	7.20 ± 0.62	7.10 ± 0.93
WHC LD	30.4 ± 5.8	29.9 ± 3.9	30.1 ± 3.5
L* PM	41.80 ± 2.13	43.10 ± 1.70	42.50 ± 1.80
a* PM	23.75 ± 1.30	24.10 ± 1.40	24.30 ± 1.30
b* PM	9.00 ± 0.59	9.40 ± 0.80	9.50 ± 0.75

* Significant effect between A and C or Co and C, p<0.05; ** significant effect between A and C or Co and C, p<0.001

Table 3 Temperature and pH decrease in LD muscle from lambs injected with saline solution (C), adrenaline (A) or cortisol (Co)

	Control Group (C)	Adrenaline Group (A)	Cortisol Group (Co)
T _i	39.4 ± 0.2	40.0 ± 0.2 **	39.8 ± 0.1 *
T 45	35.0 ± 0.3	35.9 ± 1.0 *	36.2 ± 0.5 **
T _u	13.3 ± 1.4	13.2 ± 1.6	13.3 ± 1.4
pH _i	6.50 ± 0.10	6.20 ± 0.10 **	6.40 ± 0.20
pH_{u}	5.40 ± 0.03	5.40 ± 0.03	5.45 ± 0.47

* Significant effect between A and C or Co and C, p<0.05; ** significant effect between A and C or Co and C, p<0.001

IV. CONCLUSION

The single ante-mortem dose of adrenaline or cortisol used in the present study changed the peri*mortem* animal metabolism, mimicking the physiological response to acute stress. Adrenaline induced increased glucose metabolism and affected initial pH and temperature of LD muscle, suggesting a faster anaerobic glycolytic rate. affected muscle pre-rigor Cortisol also temperatures (T_i and T_{45}), but did not affect the initial muscle pH. No effect of injected hormones was observed on fresh meat quality measured by means of instrumental color or WHC. Ageing studies are being carried out in order to observe possible alterations of meat quality development as a result of mentioned *peri-mortem* changes.

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